
Green Tips

*Good insulation
will help you
save on those
energy bills!*

Insulation

- **Simple Fix: REPLACE WORN WEATHER STRIPPING ON WINDOWS & DOORS.**
One of the cheapest, lowest-tech options, installing new weather stripping can save you as much as 10 percent of your winter heating costs. For instructions, visit www.eere.energy.gov/consumer and search for “air sealing.”
- **More Sophisticated: INSULATE YOUR ATTIC.**
Heating and cooling account for about half of your home's energy consumption. Blown-in cellulose and fiberglass insulation are usually less expensive options, but cotton batting made of recycled denim can make future access to insulated areas easier. Also available is fiberglass insulation that contains recycled glass. Go to greenhomeguide.com and click on “Energy Efficiency” in the “Know How” section.
- **Whole Hog: INSULATE YOUR WALLS WITH SPRAY-IN CELLULOSE.**
In a total renovation in which wall surfaces are removed down to the studs, consider using spray-in cellulose, a highly effective insulation made of recycled newspaper. Spray insulation reduces air infiltration by completely filling wall cavities. Your home will be up to 40 percent more energy efficient than it would with fiberglass insulation--and quieter too.
See www.eere.energy.gov/consumer/your_home.

Source: *The Sierra Club* <http://www.sierraclub.org/sierra/200707/remodeling.asp>

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